

EX•PRESS•ION

FROM THE PRESIDENT

Dear SOT Membership

While change can be confronting and stressful, it can also lead to opportunity and growth. This year sees the stepping down of SOTO-A's long standing Co-ordinator Mrs Averil Crebbin. We are sad to see her go, but excited for her as she begins a new chapter in her life. Equally we welcomed the appointment of our new Co ordinator Mrs Jacquie Strudwick. Jacquie is a mum to a 3 year old and a 1 year old. She brings passion, enthusiasm and a love of Chiropractic to the role.

On behalf of the board and membership, I would like to extend a sincere welcome to her and her involvement with our organisation. As you can understand, this change over is not an easy one and we appreciate and thank you for your patience. Averil has been very supportive in the change over and again I would like to thank her for the many years of service in helping develop this magnificent organisation.

Please take note of our new number and any other correspondence can be done via the website at www.soto.net.au or via email sotoa@bigpond.com

New SOTOA postal
address and phone
number:

PO BOX 2310
Burleigh BC QLD
4220

PH: 07 5576 2132

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EXCITING EVENTS FOR 2013

Your Board has been working on planning the events for this year and we are excited with both our Mid Year event in Queenstown and our Annual Convention in Sydney locked in. We are thrilled to have Dr Marc Pick from California back again to our shores to share his knowledge and brilliance for making SOT and neurology understandable. Be sure not to miss his cutting edge presentation in Sydney in November. Marc had the highest number of requests by our membership and seminar delegates when asked who they would like to see present for SOTOA.

MARC PICK RETURNS

At the Annual Convention in Sydney we will also host a development program for students on the Friday before the seminar and a half day CA SOT program on the Saturday. Certification exams will be held on the Friday also at the venue. Why not push yourself to the challenge of Basic, Advanced or Craniopath level of Certification. Check out our website for details and conditions plus all other seminar information.



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SOTO
AUSTRALASIA

SOTO-A ANNOUNCES DIGITAL FORMAT

This year we will be providing digital versions of the seminar notes for those doctors and students who prefer this format. Bring your iPads or laptops to the series and free up that bookshelf. While printed versions will still be available, I encourage you to save paper, help us reduce the organisations printing costs, and have the convenience of keeping the texts at your fingertips at all times. Last years successful Annual Convention on Extremity Adjusting with Dr Jesper Dahl is available for sale on DVD (and now comes with bonus Mp4 versions included). Watch the presentation on your iPhone, iPad or laptop at your convenience.

SOTO-I MEETS

The SOTO-International meeting this year will be held in Marlow in the UK and I hope to finalise the standardised criteria for maintaining SOT certification. This means that possibly by the end of the year, all certified SOT members will need to be active in SOT to maintain an active accreditation. This previously has not been necessary in Australia but it is a global standard that SOTOA should and will be embracing. This will result in a standard of certification that maintains a current level of knowledge and a more active membership. Please see this action as a positive step towards improving the quality of SOT in practice and the integrity of our technic.

Thanks to everyone who visited our booth at DG in Brisbane recently. I hope you picked up one of our new SOT tee-shirts or our redesigned SOT-explained brochures.

Your Board is here to serve you and provide all your SOT educational needs.

Yours in Health,
Darren

SOTO- A EDUCATORS TO TEACH AT SORSI

Darren Little, Gerald Vargas and Brett Houlden have been invited to teach at Omaha USA in October at their SORSI homecoming seminar. They will be there to help guide SORSI in international protocol's for consistency internationally.

Darren, will also be presenting at the international meeting in London.

YOUR 2013 SOTO-A BOARD MEMBERS

- President - Darren Little
- Vice President - Gerald Vargas
- Treasurer - Jim Whittle
- Secretary - Scott Wustenberg
- Board Member - Tori Wright
- Board Member - Troy Miles
- Board Member - Stephanie Willis

YOUR NEW CO-ORDINATOR - JACQUIE

Hi Members,

It is with great pleasure that I join you, as your new co-ordinator for SOTO-A. look forward to this role and its many rewarding challenges.

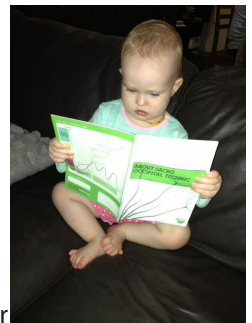
Previously my work background has been in accounts, hospitality and corporate event management. I hope to bring my broad work experience and passion for Chiropractic for the benefit of the organisation and its members.

My family and I are strong advocates of chiropractic (SOT) care and the many health benefits that come from great Chiropractic care.

I have the support of my husband Andrew and my two children, Oliver (3) and Neeka (15 months). As you can see Neeka is learning all about SOT from a very early age!!! SOTO-A's youngest student!

I look forward to meeting you all in the near future.

Regards Jacquie



**SOTO-A NEW
CONTACT DETAILS**
PO BOX 2310
Burleigh BC QLD 4220
PH: 07 5576 2132



Sacro Occipital Technic- SOTO Australasia
Like us on Facebook for current up to date SOTO-A News.

Mantra on Russell - Melbourne.



Sebel Surry Hills - Sydney



Welcome to this edition of Expression.

This month we have decided to have a flashback to our dusty archive folders and share with you some of our history of SOT.

This article is written by Dr. Keith Bastian and Dr. Scott Parker who were instrumental in the foundations of SOT in Australia.

This is page 3 of September 1976. To read more, please visit our archived section of our website www.soto.net.au



NEXT ISSUE.....

STAY TUNED FOR THE NEXT ARTICLE IN THE KYNEUR BROTHERS SERIES - T11,12 Kidney Syndrome.

MACQUARIE UNIVERSITY SOT NEWS

An introductory SOT presentation was held at Macquarie University recently. It allowed the chiropractic students at Macquarie to learn more about the technique, as it does not form part of the curriculum in the chiropractic degree.

Darren Little and Gerald Vargas explained the anatomy and physiology behind the technique. They reinforced the importance of the relationship between the skull and the sacrum, an optimally functioning nervous system and the prevention of dysfunction and instability through the promotion of health.

An introduction to the concepts of categories, the chiropractic manipulation reflex technique and cranial mechanisms allowed us to gain a basic understanding of the technique.

A demonstration at the end of the presentation showed us all the methods of treatment and how the tools used prove effective.

We are very grateful to Gerald and Darren for allowing us to gain an insight into the process and treatment of patients through this technique.

RMIT SOT CLUB NEWS

Dr Troy Miles Presents at RMIT

A packed lecture theatre was the scene at RMIT earlier this year, as students from all year levels were captivated while Dr Troy Miles spoke about SOT.

Troy, a certified craniopath, has been coming to RMIT for 3 years to talk to the students about SOT and promote the series. Each year Troy covers the history and origin of SOT (even down to the story of Kodak), the anatomy of CSF and how that relates to the subluxation, the different SOT categories, CMRT and cranials.

His presentation was fun yet very informative. It left students with a deeper understanding of the philosophy of the SOT technic as well as its clinical relevance. This is incredibly valuable for all students, as SOT is not taught formally in the course until second semester of 5th year, even then it is only briefly touched on. He also gives the students the critical information they require if they wish to participate in the series, or apply for the SOT student scholarship.

Each year SOTO Australasia offers 2 half scholarships for the students from each university. The application process requires students to fill out a questionnaire about their understanding and experience of SOT. This year RMIT had a staggering 30 applications for the scholarship. I would like to congratulate our successful recipients Nyree Osbourne and Sarah Pye, both 5th year students whom have completed the series previously. From RMIT we will have 41 students completing the 2013 SOT series, which is significantly up on previous years. This is a credit to Dr Miles' presentation and his commitment to the RMIT students.

This year the RMIT SOT Club will be running a number of in house technique nights to be held on campus. This will allow students to brush up on their new found knowledge and skills developed throughout the 2013 series. We also hope to have technique evenings at local Melbourne practices where we can utilise the experience of certified SOT practitioners.

A huge thank you must go to Dr Troy Miles for taking time out of his busy schedule to come to RMIT and talk about SOT and the 2013 series. His on going support of the students at RMIT is amazing and ensures students are exposed to the brilliance of SOT. Thanks must also be given to Dr Tori Wright for her fantastic work as the student coordinator.

As students we are truly excited to complete the 2013 series and mingle with other SOT practitioners.

Jake Currie - RMIT SOT Club President



Troy Miles presenting CMRT portion of his speech

MAJOR BERTRAND DE JARNETTE, D.C.

Dr. Major B. De Jarnette recognized that chiropractic spinal therapy based itself on multiple systems of analysis that often resulted in disagreement on the subluxations that were present. This observation led De Jarnette to conclude that a technique must be based upon neurology, physiology and structural biomechanics to have consistent therapeutic results. His decision to enter research and develop innovative methods of spinal therapy, that later became Sacro Occipital Technic, led to some interesting and oftentimes startling developments in the years that followed.



Born on 23 December 1899 in, La Monte (Pettis County), Missouri, his father, a railroad engineer, moved the family to Lincoln, Nebraska. It was here De Jarnette spent his adolescence, developing an inquisitive mind by studying the new inventions of the early part of the century.

Riding with his father on a train tip to Davenport, Iowa in August of 1913, the young De Jarnette witnessed an event in that city that would touch his future.

This journey would probably have been forgotten except for what occurred that day. While he and his father were standing on Brady Street waiting for a parade, they witnessed a large, bearded man step out in front of the procession carrying the American flag. Unaware of what that event led up to in chiropractic until years later did De Jarnette realize that the man was D.D. Palmer, and the individual in the lead car for the parade was his son, B.J. Palmer.

It was in high school De Jarnette considered a career in mechanical and design engineering, with the healing arts farthest from his future plans. He earned a four-year scholarship as an apprentice in the field of experimental engineering. Since the automobile industry proved a model field for developing new ideas, De Jarnette turned to this area. He moved to Detroit, Michigan in 1918 to pursue this career.

But fate played its hand and, due to an explosion in the factory where he was working, De Jarnette was left severely crippled and unable to continue working. Incapable of employment and feeling life had no place for him; it was at this crossroad that his problem led him to try osteopathic therapy for his health. He eventually traveled to the Dearborn College of Osteopathy in Elgin, Illinois (near Chicago) to receive his therapy and care

To read more on the history please visit our news items on our website www.soto.net.au

CALENDAR OF EVENTS

JANUARY, 2013

Happy New Year !

FEBRUARY, 2013

CMRT Seminar New Zealand
Saturday & Sunday 2 -3 February

MARCH, 2013

Cranial Seminar New Zealand
Saturday & Sunday 16-17 March

Easter Sunday
Sunday 31 March

APRIL 2013

Introduction & Categories Seminar Melbourne
Saturday & Sunday 6-7 April

Introduction Categories Seminar Sydney
Saturday & Sunday 20-21 April

MAY 2013

CMRT Seminar Melbourne
Saturday & Sunday 4-5 May

Categories Seminar Perth
Saturday and Sunday 18-19 May

JUNE 2013

Study and exam weeks all colleges
June

Categories Seminar Adelaide
Saturday & Sunday 1-2 June

CMRT Seminar Sydney
Saturday & Sunday 29-30 June

JULY 2013

Cranial Seminar Melbourne
Saturday & Sunday 6-7 July

CMRT Seminar Perth
Saturday & Sunday 13-14 July

Cranial Seminar Sydney
Saturday & Sunday 27-28 July

AUGUST 2013

SOT Retreat (Queenstown, NZ TBC)
16-17 August

Advanced Module - Sydney
Saturday 10 August

CMRT Seminar Adelaide
Saturday & Sunday 24-25 August

SEPTEMBER 2013

Cranial Seminar Perth
Saturday & Sunday 14-15 September

OCTOBER 2013

Cranial Seminar Adelaide
Saturday & Sunday 12-13 October

NOVEMBER 2013

SOT Certification Examinations Sydney
Friday 8 November - To be confirmed

Annual Convention & AGM
Saturday & Sunday 9-10 November

DECEMBER 2013

Merry Christmas!

For Lease

Chiropractic Clinic Space
for Lease Gold Coast -
Mudgeeraba QLD

This commercial premises
has been operated as a
Chiropractic Clinic for over 20
years, enjoying continuous
high patient volumes.
Centrally located at the
medical complex adjacent
to the local shopping mall/
complex, the site offers high
visibility and continued
site recognition to any
prospective Chiropractic
tenant. The premises is
shop front with parking
'right at the door' and offers
3 treatment rooms (one
currently fitted for xray

usage), reception/ waiting
room, toilet and kitchenette
facilities.

Enquiries to Gill on
0412963106 gill.vardi@gmail.
com

General Notices

New SOTOA postal
address and phone
number:

PO BOX 2310

Burleigh BC QLD
4220

PH: 07 5576 2132

*Reflex Charts,
CMRT Manuals
and CMRT Pocket
Reference Cards are
all available at our
online shop*

www.soto.net.au



DR. MARC PICK PRESENTS AT THE

2013 SOTO AUSTRALASIA ANNUAL CONVENTION & AGM 16 & 17 NOVEMBER 2013, SYDNEY, NSW

A full weekend of SOT certification exams, presentations, gala
dinner and loads of SOT fun.

BOOK IT IN YOUR CALENDAR NOW!

IT'S ONE NOT TO BE MISSED!

COMING NOVEMBER!!!



Marc G. Pick is a Doctor of Chiropractic with a private practice in Beverly Hills, California since 1973. In a desire to enhance his services, he attended Emperors College of Traditional Oriental Medicine from 1987-92, and in 1997, he completed the American Chiropractic Association's 300 hour postgraduate course in Neurology.

He earned his Diplomate and Fellowship status in Craniopathy through the International Craniopathic Society sponsored by the Sacro-Occipital Research Society International (SORSI) and has lectured throughout the United States, Japan, Korea, Australia, England, France, Canada, Italy and Switzerland since 1979.

Since 1973, he has accomplished several thousand hours of human dissection and founded Project Human (the construction of a prosected latex humanoid cast from the parts of human cadavers).

One of Dr. Pick's latest accomplishments is his creation of a latex fiber optic model of the Human Central & Peripheral Nervous System. This was placed on loan to the Wellcome Trust for their 2002 Exhibit that was displayed at the Museum of Science in London.

Naturally inquisitive about the intercranial impact of cranial manipulations, he began investigating the visual effects of cranial manipulations upon the intercranial structures during MRI scanning and was published in the Journal of Manipulative and Physiological Therapeutics (JMPT) in 1994. His more recent work is the text, "Cranial Sutures", published and released through Eastland Press. The text is a comprehensive guide to sutural analysis, morphology and manipulative strategies and is designed to aid the practitioner's manipulative applications through a greater understanding of the skull's interarticular relationships

We can't wait to meet up with old friends, bring along your partners for a fantastic weekend in the city!

THE CLASSIFIEDS

Locums

WAYNE JENNINGS 0457 931 377
wyrox@bigpond.net.au

IVO AHLQUIST 0466 444 440
chiroivo@gmail.com

PETER DAVIS doc.davis.12@hotmail.com 03 5562 1881

Practices For Sale

Wellness practice for sale in prime location in Eastern Suburbs of Sydney. Willing to mentor new or established chiropractor into practice. Great address - Woollahra! 200 meters from train lines and Westfield's Bondi Junction. Associate option to buy. Terms flexible. Call Linda Power on 0414739994.

Bargain Sale: - Practice established 36yrs and has become available due to an accident. Currently worked @ 12 hr/wk, and grosses \$150K. Potential barely tapped. Imagine the possibilities. Prime location in Forster a highly rated NSW coastal heaven. Definitely on the market, and available at any time that's convenient. Please SMS to 0432 377 986 or email queries to Keith kairos3@myacn.net.au

Locums Available

Wayne Jennings Locum Service. Home base in Brisbane. Available Australia Wide. Willing to travel to regional areas. 31 years private practice. SOT Certified / Diplomate. Entrust your patients to experienced hands. 0457 931 377 wyrox@bigpond.net.au.

Dr .Chantal Henderson

1999 RMIT Grad. S.O.T Chiropractor with excellent manual adjusting skills, Activator, and Craniopathy. Currently studying Advanced Clinical Nutrition. My first 3 years of practicing were spent locuming throughout Australia and U.K, which I thoroughly enjoyed. References available. Available for locum work Mondays – Thursdays.

Email or call for further information.

0404 871 712

chantalchiro@hotmail.com

Ivo Ahlquist

Techniques used daily: SOT, Diversified, AK, TBM, TRT, TPT, visceral procedures, Trigenics, functional Neurology Available nationwide Had my own clinics for 3 years. References on request or any further questions please email or call me

Ivo 0466 444 440

chiroivo@gmail.com

Peter Davis

33 Year's SOT experience. Basic, Advanced and Craniopath Certification.

03 5562 1881

doc.davis.12@hotmail.com

Associates / Locums Required

Are you looking to work in a vibrant well established practice with a steady stream of new patients and a supportive environment? Do you want to work with a team of other chiropractors and allied health practitioners?

We are looking for a Chiropractor to take over from an outgoing associate at Williamstown Chiropractic. Williamstown is a beautiful beach side suburb only 10min drive to the CBD. We have been in Williamstown for over 30years and we care for several generations of families in our community. Our patients range from 2days old to 90years and everywhere in between. We have a SOT basis with diversified and activator integrated. Our focus is on educating our patients so they can make the best decisions possible for their health. If you are a great communicator and passionate about Chiropractic and the role it plays in peoples health then please email greer.watson@gmail.com

An excellent opportunity exists for an enthusiastic, caring and vibrant Chiropractor (or couple) to join our team in Kingaroy, Queensland. The full/part time position will involve taking over a patient base with plenty of growth potential. The business itself has been established for over 5 years and the team is fun, dynamic and very passionate about helping families and getting involved in the local community. Our practice is situated in a large, refurbished facility and is fully computerized. Good manual adjusting skills is preferred. Other techniques we use include SOT, Activator, Drop Piece and Functional Neurology. The new member of our team will need to be positive, outgoing and confident communicating their passion for health and wellbeing with a willingness to work proactively within the team on the continual development of the practice. Candidates should be committed to succeeding and prospering in a regional

community We welcome applications from genuinely enthusiastic Chiropractors, experienced and new graduates, with compassion and the drive to succeed. Plenty of on-going mentoring and support is offered from a dedicated and enthusiastic team, including our well established, highly trained CA team. www.intouchchiro.com.au 0429 621 320

karissa@intouchchiro.net.au

Associate(s) wanted to join our team. Sensational South East Queensland, dynamic growing practices with solid foundations; the best of town and country available to Energetic SOT practitioner(s), Nutritional focus an advantage. Recognise the potential? Joining the fun starts by contacting Scott. 07 3854 0165 info@bodytunehealth.co.au

Associate(s) wanted to join our team. Sensational South East Queensland, dynamic growing practices with solid foundations; the best of town and country available to Energetic SOT practitioner(s), Nutritional focus an advantage. Recognise the potential? Joining the fun starts by contacting Sheryl 07 3854 0165 teneriffe@bodytunehealth.com.au

Associate position available. Windsor North Brisbane. We are looking for motivated chiropractor to take over an existing practice. We are a family practice (30% paediatric) with interest in chiropractic science, philosophy and clinical outcome measures. Please call Alan. www.windsorchiro.com 0422 227 723

Advertising Rates

Qtr Page – \$165.00

Half page – \$275.00

1 Page – \$495.00

A4 tri-fold insert – \$165.00

Free classified advertising for members!

Contact the SOTO Coordinator Jacquie Strudwick at:
sotoa@bigpond.com
or by phone on:
07 55 762 132

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