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SYDNEY We held a most successful Seminar in Sydney this past month. We had participants from NZ. in the form of A. Wale D.C. & J. Nolan D.C. and 2 even came over from South Australia not to mention a few from good old Victoria. If it was good enough for many to travel all this distance then there were all the close ones in NSW. who especially asked that we hold a Seminar in Sydney so that they could attend - sad but true. Perhaps they are all experts already, maybe they never read the Newsletter. I suppose we will never really know. However the good news was that 23 attended and all hopefully gained something. For the time being Keith and I are going to take a rest from the Seminar trail for a while as it takes an awful lot out of us. However we will be happy to answer any questions either by mail or telephone and of course we will be keeping in contact with each one of you with this Newsletter.

N.B. For those in Victoria. I will be in Melbourne from the 14th. to the 18th. of May and would be willing to attend a study session on one day or evening. You do the organising and whatever, you tell me where. It is up to yourselves.

GONSPREAD We have no bone to pick with those who promote this work. It is a satisfactory method of Chiropractic and has done much to elevate the Profession. However we draw the line when irresponsible statements are made. Recently a brochure came to hand re a Seminar in this work to be conducted by a Dr. D. Cox. Three questions were asked as to venue and in number 3. it was suggested that if Melbourne were chosen then the students of our new College could attend at a nominal fee for providing parallels and graphics. Now it is all very well to be falling all over oneself to get these fledgling Chiropractors educated in this technique or that technique but let us look at this rationally if we may. These students started their career on the 25th. of February and by July 4th. will have been in studies about somewhat less than 4½ months. They will have utterly no knowledge of X-Ray none whatever in Chiropractic technique and most will have hardly grasped what our Profession is all about. It would be utter folly to allow this to happen as well you all know. Think back to your own selves after the first quarter or semester just how raw we all were. We had an awful lot to learn and still do. We sincerely hope this suggestion is pursued no further for then we would not have to oppose this mistaken charitable gesture.

FUTURE SEMINARS We will be taking a break for a bit as above but - nobody in future will be allowed to attend if they do not have the current Notes. This puts us into line with USA and Canada. For those who have colleagues who wish to attend an Introductory seminar then the next will probably be in Melbourne in August. (NZ. please take note). Why Melbourne you may ask? Simply because that is where it is easiest for the Victorians and South Australians to gather to become better Chiropractors thru S.O.T. We take our hats off to you people you really want to get ahead. Details hopefully in next months Bulletin.

OMAHA This year the major Seminar of the S.O.T. year will be conducted on Sept. 29-30, Oct. 1-4th. The first three days are devoted to DeJarnette Cranial Technique and the next 3 days to SORSI. Venue will be New Tower Motel Courts in Omaha Nebraska. We will give more information in July. This year Keith will be attending and he wants to arrange a block air booking to take advantage of reduced fares. Now he cannot do that unless you write to us NOW and let us know you want to go and the approximate dates you want to leave and return. Of course the more that go the lower the fare. In our view this Seminar is not to be missed for the Founder and Developer of Sacro Occipital Technic cannot last for ever. So let us have a letter now, that is if the confounded PMG. aren't on strike.

CASSETTE TAPE I made up 12 special tapes of a talk given by Dr. DeJarnette at the last Omaha convention and took them to Sydney - they all sold. Haven't had any irate letters yet telling me they was robbed so they must be okay. I think they were great anyway and any Chiropractor who uses S.O.T even a bit cannot help but gain something from the wisdom and humour contained in these tapes. Who really knows what the old man sounds like? Here is a future collectors item. Although I have none of these left a cheque for \$5.00 in my mail box would provide me with some encouragement to record one for you.

DEJARNETTE April 1975. STUDY AND MORE STUDY Remember one very important principle in today's Chiropractic. We are at this time considered to be a "primary health provider". I do pray that each Doctor reading this page will repeat at least fifty times each day that very important message... "primary health provider"...three word that carry a life time professional meaning and goal. The very second we become "secondary health providers" we then become tools hired by the M.D. and we simply fill his prescriptions. Chiropractors now have a choice, which if properly made will prosper this profession for a 100years. That choice is simple, and it is "Chiropractic Undiluted". Sacro Occipital Technique is now and always has been undiluted Chiropractic. We have never advertised DeJarnette Technique. We have made S.O.T. totally professional. How do we become secondary or tertiary health services?...process is so simple it has been overlooked. We simply begin by adding gadgets and charging for their use. I have no quarrel with gadgets, otherwise known as sine waves, diathermia, short wave, ultrasound, traction etc., but to remain a primary health service provider we must charge only for the Chiropractic adjustment. The minute we begin charging for other processes we begin to lose our primary status.

A chiropractor studying Acupuncture is perhaps doing so because he wants a means of controlling pain and symptoms. This same chiropractor was taught that pain is nature's signal that something is wrong and that something that is wrong has to be located and fixed. Meridians are not even pathways; they are simply skin areas communicating with pathways. If you un-occlude a pathway the meridians will take care of themselves. When the back of your leg itches, it does so because something has disturbed the pathway. Maybe a mosquito stung a meridian and excited a pathway. When you scratch you irritate. When you use an ointment you reduce surface tension and remove the meridian irritation from the pathways. Acupuncture would be fine providing the chiropractor has slept thru most of his Basic Science subjects whilst in College, and provided he neglected to practice the art of adjustments by judgement force and direction. Acupuncture is a substitute for what the chiropractor could understand if he would spend as much time studying S.O.T. as he does studying and trying to remember meridians.

The chiropractor is a creature of habit and imitation. He imitates success without understanding that the successful person has worked his butt off learning success, while the imitator wants it without effort or interference.

Everything a Chiropractor does out of frustration detracts from the totality of chiropractic as a primary health service provider. A D.C. friend of mine always prays over each patient. He does this because he believes wholeheartedly in prayer. One of his patients misunderstood the meaning of such prayer, and when the insurance adjustor asked this patient to describe the adjustments he received, he simply said the chiropractor prayed over him...needless to say that fine D.C. lost much of his insurance practice.

The A.C.A. and the I.C.A. are working diligently and long hours laying a groundwork for chiropractic acceptance as a total primary health provider service. Our Colleges are teaching you today that many conditions do not respond to chiropractic. That is dangerous because when you become a referral agency for the medical profession, you are not a primary provider. Who can honestly state that chiropractic is not indicated in any given condition? In fifty years of practice, I have seen only two cases in which chiropractic was of no value, and in both instances the two patients were both deceased when the chiropractor arrived on the scene. There are problems in which the chiropractor and the M.D. should work together, because neither one can provide a total solution. Just how many patients enter hospital each day that ought to be under chiropractic care?

Surely patients hear about acupuncture and they ask about it, and you should reply by saying, "fine, but let's correct your chiropractic problems first, and then if any problems remain, try acupuncture."

You see our problem in chiropractic is a chiropractic problem...far to many chiropractors leave college with a total misunderstanding of chiropractic...too many students get into chiropractic colleges because they couldn't get into medical colleges.

Remember each minute of your day that Sacro Occipital Technique was developed to make chiropractic a total health science and a primary health service provider. If love makes you happy, we love each of you each second of every day.

Education is a limitless multiplication and complexity of unnecessary necessities.

QUESTION Miracles can happen. Last month we had 2 questions in the Bulletin and low and behold I received letters with answers. Brian Lonsdale gave the only totally correct answer - congratulations. The answers. 1. A-P motion is a Category 1. characteristic only so the answer is NO. 2. Patient had arm fossa positive and this over rules all other considerations. No doubt cervical problems are present but we would still block this patient as a Category 2. and recheck next visit. If the same signs presented themselves on the next visit then you would be justified in looking to the cervicals.

Question: We have a patient who has been a Category 2. but now checks out on the arm fossa okay, and no other Category 2. indicators are present. He came to you with a sore right shoulder, painful right cervical area, a bloating feeling in the abdomen, extreme flatulence and diarrhea. The cervical region responds favourably to stairstep motion but your patient seems no better. What would you do next? If symptomatology were any guide what would you perhaps expect to find? Why? What would you do about it?

This is an advanced question so I expect advanced answers. Get thinking then start writing.

R + C (Resistance + Contraction)

R = RESISTANCE TO DISEASE
 C = CONTRACTION, Cause of Disease
 R....is Alkaline
 C....is Acid
 R....is the Indicator
 C....is the lumbar involved in the subluxation
 You can control pain with R + C technique.
 It relaxes muscles and often permits an adjustment to be made through the muscles.
ALWAYS USE BEFORE ATTEMPTING A MANUAL ADJUSTMENT.

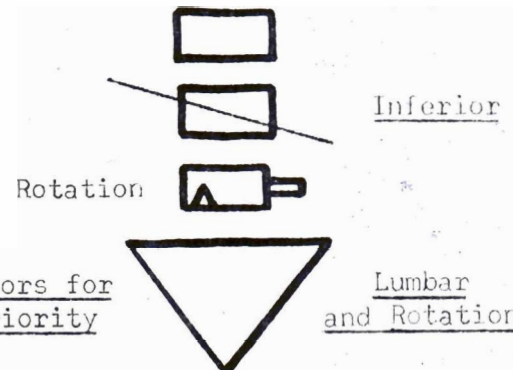
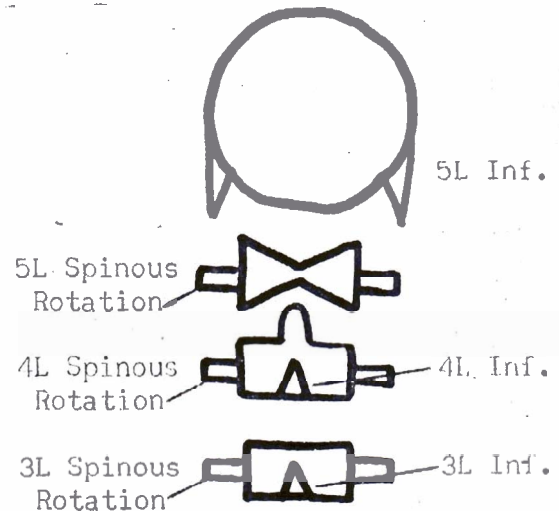
TECHNIQUE - Lumbar Inferiority and Rotation
 Stimulate R. with one hand, until moisture appears whilst finger of other hand pushes superior transverse of C. inferior.

Then hold superior finger on indicator R. while you stimulate and lift inferior transverse of C.

If the indicator clears adjustment has been given.
 If not :-

Knee flexion on side of incline at 2 minute intervals - may help before light manual adjustment need be attempted.

N.B. R + C can be done off or on the blocks.
 (RPSS, LPSS, SB+, SB-, Positions)



NEWSLETTER RENEWAL After this issue there will be one more and then we must have new subscriptions. I thought if we started early enough we might have everyone renewed by the time the July Bulletin was due. There has been wonderful support this past year and we trust you have enjoyed the reading. A lot of work goes into each one and it has been heartening to read your letters of appreciation and hear your comments at the Seminars. Unfortunately there has to be an increase in the cost to you for reasons which hardly need explanation. In order that we can be fully organised, would you send in your renewals as soon as you can. **Just fill out the form, write a cheque (S.O.T. a/c) and post.** We will do the rest after that. Thankyou.

SUBSCRIPTION RENEWAL 1975/76 S.O.T. BULLETIN

Name..... Address.....
 Subscription 12 Months. Australia \$6.50. N.Z. \$7.50. Enclosed.....