

S.O.T.O. CHIROPRACTIC BULLETIN.

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ED. The following is a reprint from the Palmer College 'Beacon' 1968
CHIROPRACTIC PHILOSOPHY AND SMOKING.

One of the major premises of chiropractic philosophy is that all living things have the inherent (innate) intelligence to adapt to their environment. Chiropractic philosophy also holds that a subluxation prevents this power of adaptation from occurring to its maximum. Our innate intelligence cannot adapt to a subluxation because, by definition, a subluxation is the very cause of this lack of adaptive ability. Therefore the greater the disturbance to normal nervous transmission, the less chance of the organism surviving the hardships or burdens of its environment.

Our body always adapts perfectly to all invasive forces; i.e. it does the best possible considering the limitations of time and matter. Thus, a recent scientific discovery concerning smoking should come as no surprise to students and Doctors of chiropractic. A research group headed by Dr. Allen H. Conney of Wellcome Research Laboratories, Tuckahoe, N.Y., found that "cigaret smoking seems to affect the human body in a way that may make smoking, less dangerous for some persons."

The group found that body tissues of smokers contain an enzyme called benzpyrene hydroxylase. They have not found this in non smokers, and suspect that something in the smoking habit stimulates the production of this enzyme. This enzyme has the effect of breaking down a chemical called Benzpyrene. Benzpyrene is found in the condensed material - tar - from cigarette smoke. When this substance is painted on the skin of laboratory animals, they usually develop cancer. In addition, scientists tested pieces of human placenta after childbirth and found the enzyme in tissue from women who said they were cigarette smokers, while not finding any in those who were non-smokers.

There was great variation in the amount of enzyme present which would indicate that those persons with the greatest enzyme activity would be in the least danger from the cancer producing potential of benzpyrene. Dr. Conney concluded his report by saying that he and his colleagues "think it possible that the enzyme is part of the natural defense mechanism against harmful chemicals" (see Article 203 in Stephenson's Chiropractic Textbook).

The question naturally arises, "Why do some smokers fail to produce sufficient enzyme to adapt to the stress of smoking?" We suspect that one of the reasons - has something to do with the relationship of the nervous system to the spinal column.

ED. This article raises quite a few interesting questions beyond what have been explored in the article. Hope you did some thinking too.

CONCEPTS OF S.O.T. Dr. DeJarnette 1967

Every human being is entitled to the very best health physically possible to attain. Much governmental money is spent in trying to alleviate poverty, when in actuality poverty is not so much the lack of money as it is the lack of health and the ability to react healthfully in all situations.

If every school child could have the benefit of a total Sacro Occipital Technic Analysis at the ages of 5, 8 and 15 we would, within one generation, see a tremendous improvement in childhood behaviour. Sacro Occipital Technic is the only system of healing in existence that recognizes the true value of postural adaptation in relationship to health.

Being born is a privilege, but being born correctly is a duty often regulated to the golf game or the bridge game of the attending obstetrician. It would amaze anyone of normal intelligence to recognize the innumerable birth defects produced at delivery, which are never corrected, and which contribute much to the total confusion existing in this world. Millions of persons are treated by thousands of physicians of all types each year for physical ailments, WHICH EXIST ONLY BECAUSE THE BRAIN CANNOT DELIVER THE MESSAGES NEEDED FOR NORMALCY, due to birth defects man produced.

A physical examination without a correct estimate of total cranial function is a farce. Such an examination may detect an apparent abnormality, which if proper cranial correction could be made, would disappear almost instantly. It would be a challenge to be permitted to go into any correctional institution and study the inmates from the standpoint of cerebral function. A normal man commits an abnormal murder, and he is judged, first of all, as to his sanity, then as to his deed if found sane. If sanity is so important, why doesn't someone do something about it, except talk and meditate? It would be interesting to sit in the last hours room of any hospital and actually study the cranial faults of those leaving this world. It would be valuable to estimate what could have been had those faults been corrected at ages 3,5,7&9. It would be informative to study the cranium of those who loot,rob,rebel and otherwise disturb what is known as normal social standards. The cranium is like the lock to your safe deposit box, it has a combination and when properly placed in order all functions well and smoothly, but when not placed in order, nothing happens except frustrations.

We live in a world of psychologists, pathologists, internists, surgeons, chiropractors...and each is better trained today than thirty years ago, but the living environments of the total world have degenerated socially and economically. The psychologist say's the criminal hates his parents, or society has been unjust and the fiendish murderer must be confined in a nice sterile hospital where highly skilled personnel can wait upon his daily needs. In the winning of the west, this type of criminal was dealt with rapidly and securely...the necktie party...and it served well. Sick people judge sick people because sick people have been told that only medical agents or surgical agents or medically supervised therapies are cure therapies. Greater untruths have never been told intelligent people.

In the beginning the cell divided and produced its own kind. From this cell division arose man, his environments, and some of mankind became healers of one kind or another. The healer, be he M.D. or D.C., has always tried to play a role superior to superman. What has been deficient in actual provable knowledge, has been fortified by mystery and bluff.

Sacred Occipital Technique opens that door of truth and lets all have a good long look. We say that man is not a totally complicated being, rather he is quite a simplified self preserving and self perpetuating mortal, divinely created and divinely sustained. If the immutable laws of nature could but prevail, man could live his three score and ten within his own environment. If man could but partake of the good fruits of the earth in time of harvest, drink of it's crystal clear waters, breathe it's stimulating, pure, fresh air, play in it's snows, and wade in it's pools, health would be automatic. The creator of man placed upon earth all of the elements and things upon which man partakes to grow, devolope, mature, live, work and then pass on. Man is not a creature of disease, but he is a creature of environment and when he must live amongst the pitfalls of trauma, he must suffer traumatic experiences.

Your life began in a union of a sperm with an ovum...this union lay in your proud mothers womb for nine months. In the beginning we all looked something like a white grub. That is the worm that eats my grass roots every June and ruins a perfect yard. This tiny grub like being is arranged in segmental order and each second, minute and hour sees segments unfold which will be part of you. This is the umbrella of progression. If all is well, it will be brought forth in nine months as a fully formed, normal intelligent child. This child will be cyclic for 21 years ...parts will develop and then fuse to preserve the whole. Intelligence will come forth. The child will suckle, sleep, defecate, urinate and regurgitate. It will sit up, crawl and walk, and all at a set time. If any set function does not mature, then is the time to act, and the place to look for the first fault will be the tiny skull. Don't wait and hope. Look and see that all the parts are there...see if they fit and function.

The first act the new born baby performs is a typical wail of cry...this is nature's method of starting the vital circulation and respiration. IN THIS WAIL, THE LITTLE SACRUM ACTUALLY PROJECTS ITSELF FORWARD AND UPWARD, TO SET IN MOTION THE VITAL CEREBROSPINAL FLUID, which is the spark of life. The obstetrician, perhaps without conscious thought, grasps the infant's heels, tips him upside down, (at least this used to happen) clears his throat, and then strikes the sacrum with his hand. This is the spark that sets your life upon this earth, and I hope that spark lasts all of you for 99 years. When the M.D. completes his sacral blow, he leaves the spine for good, (things are changing) and now proposes to rear this child upon proper vaccination, immunization and medication. If this sacrum does not totally respond, if the sacral respiration phase is only one third accomplished, all of the medication in the world...all of the psychologists put together...all of the efforts of all of the surgeons combined, cannot mature a healthy body and a healthy mind in this proposed human.

ONLY A CHIROPRACTOR VERSED IN SACRO OCCIPITAL TECHNIC CAN MAKE THE ADJUSTMENT NEEDED TO SET THAT SACRUM RIGHT AND LET IT RENEW LIFE'S NATURAL ENERGIES. As the sacrum goes so goes the spine and pelvis... AS THE SKULL GOES, SO GOES THE INTELLIGENT DEVELOPEMENT OF THIS HUMAN, and millions like him. Common sense would tell humanity that health does not lie in drugs compounded of waste products, but in normal laws relative to normal mechanical alignments.

WHY WILL A HUMAN BEING, THE HOLDER OF A B.S., M.A., OR D.Sc. PROLONG RECOVERY BY TAKING IN A THOUSAND DOLLARS WORTH OF PILLS, WHEN ALL HE NEEDS IS A FIVE DOLLAR SACRAL ALIGNMENT, OR A FIFTEEN DOLLAR CRANIAL ADJUSTMENT. To mention such to a man who has spent a lifetime doctoring his migraine headaches is quite an insult, and his first thoughts would be...what can a Chiropractor do massaging a MIGRAINE.

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It is near criminal that the chiropractic profession should hold within it's grasp the secret of life and death, and be classified with massage and masseurs. It is criminal that the press, TV and radio do not know what chiropractic can do in life and death matters. It is criminal that important information is kept hidden by a powerful oponent, the A.M.A.... and less powerful opponents within the chiropractic profession. IT IS CRIMINAL THAT ONLY A SMALL PERCENTAGE OF THE TOTAL CHIROPRACTIC PROFESSION HAS EVEN A TINY SPARK OF KNOWLEDGE OF THE VITAL IMPORTANCE OF THE CRANIAL ARTICULATIONS the sacrum as a respiratory agent and the mechanism of distortion as a life saving process.

The central government squanders millions of dollars every hour on non-essentials, and yet proclaims that it wants a "great new society". It wants a new society, built upon the ashes of the old society, and no changes to take place in the direction of service. A new society can only arise if it is built upon equal rights for all, and equal supports for all that is right and needed. Chiropractic must be given an opportunity to prove it's claims. CHIROPRACTIC MUST BE WILLING TO ACCEPT THE CHALLENGE OFFERED IT BY MEDICAL FAILURES. Chiropractic must be given the opportunity to study the handicapped...the mentally deficient...the cerebral palsied children...the spastic...the retarded...the juvenile delinquent. The Chiropractic profession must have the right to go into hospitals and administer to those who are medically incurable. We must have the right to study confirmed cancer cases. There is no field of disease, emotional disturbances, or developmental problems that should not be open to chiropractic study on a par with medical study.

We must as a profession be granted federal assistance in the education of our chiropractors. We must be given Federal and State assistance in the erection and staffing of speciality research hospitals.
(To be conf'd Ed.)

OMAHA 1977 For those who went, an enriching experience; for those who did not a sad mistake. Each year you do not get cranial technique's latest offering, those who are dearest to you are the losers - you, your family and your patients. The only winner is the Treasurer because you have omitted to take a legitimate deduction.

For those of us who were privileged to attend the Instructors class, a rare opportunity was unfolded. Next year, those of you who were in the advanced group this year will probably be eligible for the Instructors class.. Although you miss out on a few days holiday and sightseeing it is well worth it.

The new Sutural Technique as unfolded by Dr. DeJarnette personally and by video tape onto the larger than life size screens made presentation to large groups much more efficient, especially in understanding the hand holds. The range of problems we saw taken care of on video and personally witnessed, stressed once again that DeJarnette cranial technique is the ultimate in Chiropractic, solving Physical, mental, omotional and spiritual problems by allowing all parts of the body to function optimally. e.g. We saw a case of Amyotrophic Lateral Sclerosis who came from Belgium in a wheel chair. He was given the sutural technique before our eyes and he walked off the stage to his chair. Two days later he was walking three city blocks.

The potential is in our hands and in the patients brain. If we do not grasp it others will. The Dentists are already learning and using it and many people who at the moment we are reluctant to call "colleagues",

are learning it. Are we going to be reduced to second rate by our U.C.A. brethren? Those 16 of us who were in Omaha will not be behind - but what of our other 200 members? Our 16 stalwarts were outnumbered by 39 U.C.A. members attending and learning the most sophisticated techniques in the world at the most prestigious Technique Seminar in the chiropractic world.

They will gain much political mileage as well as knowledge that may well lift the levels of their practice above that of many of our A.C.A. members. They were willing to make the effort - they will reap the rewards. The review of the 1976 Cranial Technique, the 1977 S.O.T. work and the more sophisticated S.O.T. as presented in Division 4 leaves us once again amazed at the Pandora's box that Dr. DeJarnette has opened for us. BE WARNED. If WE do not use it, WE will lose it. Others want it and can get it and what is more are willing to get it. Start talking now. Let us have a plane load next year - talk it up - last week in September is scheduled for the Seminar and we have a block booking at the New Tower Hotel Courts in Omaha.

The tour this year left from Sydney, went via Auckland where a few of us made some exciting purchases at the Duty Free. This stop gave us a longer sleeping leg to Honolulu (eliminating Nadi). I don't think any of our group was searched at customs and we left not long after for Frisco. The bulk of the group stayed there and had a ball from Tuesday p.m. thru till Sunday when they left to join the three of us who had gone off to the Instructors class. They were all in high spirits and looking well on arrival. After the week's exciting work we left for Honolulu where we enjoyed 2 full days of fun and "rest?". The morale, fellowship and energy levels were all very high. The only thing remaining is application of the principles learned. Do not fall into the error that many of you noticed in those who were supposed to be advanced i.e. being so fancy you forget the basics - especially fossa location and arm fossa testing. This was noticed at many levels and it was noticed with great concern that students at the Colleges with experience and perhaps limited knowledge did not polish their basic knowledge but were in the more sophisticated advanced groups which can do little to help their patient handling and practice management in their formative years. Conversely it was good to see the number of Australian students there and how maturely they handled the work - they should be an asset to the profession on their return.

We are willing to entertain now suggestions for next years tour. We have a booking as mentioned already and this must be confirmed by March, so we are already looking for starters. Let us know now.

NEXT SEMINAR Melbourne is the next venue and it is a most important Seminar indeed. This will be the last chance this year for a complete review of the basics of S.O.T. Far to many people who have been to a Seminar in S.O.T. do not apply the basics well enough and do not get the results they should. So you lose interest and go back to your old familiar ways and less than satisfactory results for the talents you have and all because chiropractors lose sight of the Basics and don't perfect them. This is a chance to get these Basics by the horns and beat them.

The major part of the Seminar will be spent on C.M.R.T., this is by request and also fulfills a promise made last year to hold a C.M.R.T. seminar in Melbourne. C.M.R.T. adds significantly to your abilities and many of the cases that you are having difficulties with will get well. Make it your business to be a better Chiropractor, be in Melbourne Nov. 5&6th.